

THURSDAY, 14 September

Chair person: Manuel Luque (Madrid, Spain)

09.00 - 10.30 Fifth Seminar: Hypertension in special groups

Children and adolescents. Elke Wühl (Heidelberg, Germany)

Pregnancy. Renata Ciftkova (Prague, Czechoslovakia)

11.00 - 12.30 Sixth Seminar: Refractory hypertension

Assessment and prognosis. Alejandro de la Sierra (Barcelona, Spain)

Management. Josep Redon (Valencia, Spain)

Case record

General discussion

Chair person: Josep Redon (Valencia, Spain)

12.30 - 13.00 closing lecture: The Teaching Program in the ESH. Renata Ciftkova (Prague, Czechoslovakia)

13.00 Lunch and Departure.

GENERAL INFORMATION

The sessions will be held in the Hotel Valencia Palace, located in the new area of Valencia, Spain

A reference book with the most relevant bibliography (one of two articles for topic) will be provided at the beginning of the course

FACULTIES

SPAIN

Aranda, Pedro
Calvete, Jose
Carmena, Rafael
Coca, Antonio
De la Figuera, Mariano
De la Sierra, Alejandro
Diez, Javier
Lahera, Vicente
Luque, Manuel
Lurbe, Empar
Maceira, Alicia
Redon, Josep
Rodicio, Jose Luis
Rubio, Vicente
Ruilope, Luis Miguel

NON-SPANISH MEMBERS OF THE EUROPEAN SOCIETY

Ciftkova, Renata
Dominiczak, Anne
Erdine, Serap
Heagerty, Anthony
Kjeldsen, Sverre
Laurent, Stephan
Mancia, Giuseppe
Staessen, Jan
Wühl, Elke
Zanchetti, Alberto



SUMMER SCHOOL EUROPEAN SOCIETY OF HYPERTENSION

Endorsed by:

Spanish Society of Hypertension
Spanish Foundation for Cardiovascular Research
RECAVA, Health Institute Carlos III
University of Valencia

Date: 9-14 September, 2006

Venue: Valencia, Spain



**FUNDACIÓN
PARA EL ESTUDIO
DE LAS ENFERMEDADES CARDIOVASCULARES**

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PRELIMINARY PROGRAMME

SATURDAY, 9 September

P.m. Arrival and registration

SUNDAY, 10 September

Sightseeing Tour

- 17.00 - 17.15 Presentation of the Course:**
Chair person: Jose Luis Rodicio (*Madrid, Spain*)
- 17.15 - 17.45 State of the Art Lecture:** *The impact of hypertension in health across the world.* Sverre Kjeldsen (*Oslo, Norway*)
- 18.00 - 18.30 State of the Art Lecture:** *Network of Excellence in Hypertension: The INGENIOUS HYPERCAR.* Alberto Zanchetti (*Milan, Italy*)
- 18.45 - 19.30 State of the Art Lecture:** *Experiences from the PAMELA STUDY.* Giuseppe Mancia (*Milan, Italy*)
- 19.30 General discussion**

MONDAY, 11 September

Chair person: Antonio Coca (*Barcelona, Spain*)

- 09.00 - 11.00 First Seminar: New technologies in hypertension research:**
Molecular genomics. Anne Dominiczak (*Glasgow, United Kingdom*)
Proteomics. Jose Calvete (*Valencia, Spain*)
General discussion
- 11.30 - 13.00 Second Seminar (part 1): New methods in the hypertension clinic**
Oxidative stress. Josep Redon (*Valencia, Spain*)
Target organ damage in resistant hypertension. Serap Erdine (*Istanbul, Turkey*)
- 13.00 - 15.00 Lunch**
- Chair person:* Rafael Carmena (*Valencia, Spain*)
- 15.00 - 17.30 Second Seminar (part 2): New methods in the hypertension clinic**
Inflammatory markers. Vicente Lahera (*Madrid, Spain*)
Assessment of endothelial dysfunction. Anthony Heagerty (*Manchester, United Kingdom*)
Assessment of large vessels function. Stephane Laurent (*Paris, France*)
MRI in the evaluation of heart and vascular disease. Alicia Maceira (*Valencia, Spain*)
- 18.30 Close of the sessions**

TUESDAY, 12 September

Chair person: Empar Lurbe (*Valencia, Spain*)

- 09.00 - 10.30 Third Seminar (part 1): Origins of hypertension**
Influence of birth weight in the development of hypertension and diabetes. Jose Luis Rodicio (*Madrid, Spain*)
Risk of hypertension in precocious overweight and obesity. Empar Lurbe (*Valencia, Spain*)
General discussion
- 10.30 - 12.30 Third Seminar (part 2): Origins of hypertension**
Salt. Manuel Luque (*Madrid, Spain*)
Alcohol. Antonio Coca (*Barcelona, Spain*)
Metabolic syndrome. Rafael Carmena (*Valencia, Spain*)
General discussion
- 12.45 - 14.30 Lunch**
- 14.30-16.30 Visit to clinic and laboratory facilities**
- 16.30 Close of the sessions**

WEDNESDAY, 13 September

Chair person: Pedro Aranda (*Malaga, Spain*)

- 09.00 - 10.00 State of the Art Lecture:** *From hypertension to heart failure.* Javier Diez (*Pamplona, Spain*)
- 10.00 - 11.00 State of the Art Lecture:** *From hypertension to renal damage.* Luis Miguel Ruilope (*Madrid, Spain*)
- Chair person:* Luis Miguel Ruilope (*Madrid, Spain*)
- 11.30 - 13.00 Fourth Seminar (part 1): Assessing the goals in the hypertensive: BP measurement**
Ambulatory BP monitoring. Jan Staessen (*Leuven, Belgium*)
Self BP measurement. Mariano de la Figuera (*Barcelona, Spain*)
General discussion
- 13.00 - 15.00 Lunch**
- 15.00 - 17.30 Fourth Seminar (part 2): Assessing the goals in the hypertensive: intermediate endpoints**
Left ventricular hypertrophy. Javier Diez (*Pamplona, Spain*)
Microalbuminuria. Josep Redon (*Valencia, Spain*)
Carotid wall-thickness. Jan Staessen (*Leuven, Belgium*)
General discussion
- 20.00 Dinner**